

Maintaining your health



Cigna Directory

Selecting a health care professional is important, and with the Cigna directory, it's easy. With a growing nationwide PPO network of nearly 800,000 health care professionals and more than 6,000 facilities, Cigna offers a range of quality choices to help you stay healthy.

The Cigna directory is an online search tool providing up-to-date listings of participating physicians. With the easy-to-use format, you can search online by specifics, such as hospital affiliation, specialty, gender, languages and distance. The information also includes a detailed map of the physician's location(s), as well as medical schools attended. The Cigna directory helps you make an informed choice, and gives you easy access to numerous health care professionals anywhere you have Internet access.

Be sure to verify your search results! The Cigna directory is a convenience we're pleased to provide to our members. Please remember that directory information is for reference only - always verify the provider's address, phone, specialty and any other information before making an appointment.

Step-by-Step Instructions

To access the Cigna directory, simply log on to myCBS.org/ppo-cigna.

- 1) Below the header **Find a...** under **SEARCH LOCATION**, fill in the location where you need a medical provider or facility. Next, under **SELECT A PLAN**, use the **PICK** pull down tab and select PPO, Choice Fund PPO and click the **CHOOSE** button. Finally, under **LOOKING FOR**, type in the name of the primary care physician, specialty or group practice and click **SEARCH**. You can also use the pull down A-Z tab for a more refined search.
- 2) Your detailed search results will be displayed. By clicking on the provider's name, you can view gender, age, education, years in practice, specialty and hospital affiliations. You can also verify location by viewing a map of the area, and see the mileage from your starting location.

The screenshot shows the Cigna directory search interface. At the top, there are navigation links for 'Home', 'Choose a Directory', and 'Find a Doctor, Dentist or Facility'. Below this is a search bar with 'Chicago, IL' entered. The 'SELECT A PLAN' dropdown is set to 'Medical: No Plan Selected'. The 'LOOKING FOR' dropdown is set to 'A-Z'. A 'SEARCH' button is visible. Below the search bar, there are sections for 'YOUR CHOICES CAN IMPACT YOUR COSTS' and 'POPULAR SEARCHES'.

The screenshot shows the search results page for 'Pediatrician' in 'Chicago, IL'. It displays '510 Doctors for Pediatrician'. The results are sorted by 'Distance (Near to Far)'. A specific provider, 'Talathi, Suresh B, MD', is highlighted. The page includes filters for 'SPECIALTY', 'QUALITY & RECOGNITION', and 'PRIMARY CARE PHYSICIANS'. The provider's details, including 'Pediatrics - Board Certified' and 'Years in Practice: 46', are shown.