A health and benefits program of Christian Brothers Services

Maintaining
your health

Cigna Directory

Selecting a health care professional is important, and with the Cigna directory, it's easy. With a growing nationwide PPO network of nearly 800,000 health care professionals and 6,000 facilities, Cigna offers a range of quality choices to help you stay healthy.

The Cigna directory is an online search tool providing up-to-date listings of participating physicians. With the easy-to-use format, you can search online by specifics, such as hospital affiliation, specialty, gender, languages and distance. The information also includes a detailed map of the physician's location(s), as well as medical schools attended. The Cigna directory helps you make an informed choice, and gives you easy access to numerous health care professionals anywhere you have Internet access.

Be sure to verify your search results! The Cigna directory is a convenience we're pleased to provide to our members. Please remember that directory information is for reference only - always verify the provider's address, phone, specialty and any other information before making an appointment.

Step-by-Step Instructions
To access the Cigna directory, simply log on to **myCBS.org/ppo-cigna**.

1) Below the header **Find Providers** under **SEARCH LOCATION**, fill in the location or click the "Use my current location" link to find a medical provider or facility. Next, under **SELECT A PLAN**, use the **PICK** pull down tab and under **MEDICAL PLANS**, select PPO, Choice Fund PPO and click the **CHOOSE** button. Finally, under **SEARCH**, type in the name of the primary care physician, specialty or group practice and click the magnifying glass icon. You can also click the "Browse the A-Z glossary" link for a more refined search. You can also find urgent care centers nearest your location in the link under the search boxes.

2) Your detailed search results will be displayed. By clicking on the provider's name, you can view gender, age, education, years in practice, specialty and hospital affiliations. You can also verify location by viewing a map of the area, and see the mileage from your starting location.