

Christian Brothers Services

# Health & Benefits

True Blue PPO



## Find a Doctor or Hospital Online Directory

### *The Simplest Way to Find a Doctor*

Selecting a doctor and other health care professionals for you and your family is important. The Find a Doctor or Hospital online directory, available 24 hours a day, 7 days a week, makes it easy.

Find a Doctor or Hospital is an online search tool from True Blue PPO. Up-to-date listings of participating doctors, medical professionals and facilities are available at your fingertips.

### *What Does Locate a Provider Allow me to do?*

Choose the search option that works for you. Search by using a variety of criteria such as health care professional's name, hospital, procedure or condition.

Find a Doctor or Hospital provides detailed maps of the physician's location(s) and even provides you with reviews and driving directions. The True Blue PPO Find a Doctor or Hospital directory helps you make an informed choice and gives you easy access to numerous health care professionals and facilities anywhere you have Internet access.

### **Step-by-Step Instructions**

To access Find a Doctor or Hospital, simply log on to [mycbs.org/ppo-trueblue](http://mycbs.org/ppo-trueblue).

- 1) Scroll to the bottom of the page and click on "Find a Doctor or Hospital."

- 2) Select whether you are searching as a member or guest. If you select "Member," you will be asked to enter your Member ID number. Otherwise, you can search as a guest by specific network or search all networks.
- 3) To search by network, select True Blue PPO and click on "Search by Network."
- 4) Enter the ZIP Code of the area you would like to search. Options range from within 25 miles of the selected ZIP code to Nationwide. You must also enter a doctor, hospital, procedure or condition to begin your search. A list of popular searches is under the search bar. Click "Search."
- 5) Your search results will be displayed. On the results page, click on "Filter Results" at the top of the page to filter by Specialty, Language Spoken, Gender, Facility Type, Hospital Affiliation, Recognitions and Availability. Under the "Sort By" arrow at the top of the search results, you can also arrange search results by alphabetical order, ratings from high to low or by distance.
- 6) Click on the doctor or hospital name to see more details, including office details, ratings and reviews, network participation and profile. Click on the "directions" button and enter your starting point to get detailed driving directions.
- 7) Click on the button next to two or more doctors to compare up to three side by side.

NOTE: True Blue is a Regional Network. When traveling outside of Network coverage areas, you may access PHCS Healthy Directions Out of Area Network by MultiPlan by calling 800.678.7427 or visiting [mycbs.org/ppo-phcs](http://mycbs.org/ppo-phcs).

For questions, please call True Blue at 800.238.8379



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Visit [mycbs.org/health](http://mycbs.org/health)  
for more information